

Sport Psychology Support For
Wigan Harriers



**SPORT
PSYCHOLOGY**

**WIGAN
HARRIERS**

**COME SAY HELLO TO YOUR NEW
SPORT PSYCHOLOGIST**

- Jordan has joined the club to train in shotput but also deliver Sport Psychology Workshops
- Scan the QR code to find out more about Jordan and his experience and what he can help with
- Also scan the QR code to fill out a questionnaire to help inform what work would be useful
- This is for all members of the club, including athletes, parents and coaches, so please get involved
- Alternatively if you see Jordan around please say hello and feel free to ask any questions